

Workshop 2.1: "The movement within the text in the actors physicality - The landscape of the breathing soul"

Praxisfeld SC: Seminar / Übung

Angebot für

Bisheriges Studienmodell > Theater > Master Theater > Schauspiel > Praxisfeld

Nummer und Typ	MTH-MTH-PM-02.23F.006 / Moduldurchführung
Modul	Praxisfeld 02 ECTS
Veranstalter	Departement Darstellende Künste und Film
Leitung	Anu Almagro
Anzahl Teilnehmende	5 - 10
ECTS	2 Credits
Voraussetzungen	Zulassung Master Theater & Partnerschulen
Lernziele / Kompetenzen	The core of the work is learning approaches to physical and vocal techniques that provide students with the skills for individual research on the body and voice in training and performance. Research is the very nature of the acting process studied which then manifests itself in students' own investigation into acting. The MA in acting aims to train the artist to be independent through a program that gives the skills, confidence and methods to develop their own practice.
Inhalte	<p>Workshop for Actors to dive into the flow of eastern European theatrical practices based on physical ensemble training.</p> <p>In the core of this training actors will rediscover their presence through exercises based on playfulness, imagination, physicality, partnerwork, mindfulness and work with text. Each participant will bring one text, preferably a monologue, close to their heart and has an opportunity to play with it freely in several settings of exercises. Ensemble work deepens the understanding and experience of the common shared practice of group work. We're playing through the dynamics of sensitivity of the connection to one's breath and voice towards the loudness of emotion and body expression rising from the actor's inner landscape.</p>
Termine	KW 15/16 (10. - 21.04.2023) ausser dienstags
Dauer	11.00h – 16.00h
Bewertungsform	bestanden / nicht bestanden
Sprache	Englisch
Bemerkung	<p>Anu Almagro (Salonen) is a Finnish actress, an acting teacher and a director. She works internationally around the globe. Her interest in performance work is deeply rooted in cultural traditions and is born out of authentic and energetic connection between people that brought her to Poland the first time in 2004.</p> <p>In 2007 she became an actress of Teatr Piesn Kozla/ Song of the Goat Theatre, an international multi-award winning theatre company based in Wroclaw, Poland. She is also a teacher of the company's unique Coordination technique. The company tours throughout the world and performs in venues such as The BAM, New York and The Globe, London. The latest acting roles of Anu include Antigone in "Anty-Gone Triptych", Ophelia in "Hamlet-a commentary" and Cordelia in</p>

"Songs of Lear" directed by Grzegorz Bral.

In 2011 Anu created her own theatre company Odra Ensemble which both trained and performed "We will leave only bone- reflections of Eurydice" in Wroclaw, Poland and Thessaloniki, Greece until 2013.

She is the artistic director of musical theatre company Winged daughters creating work for children audiences. Their last piece known as "Enchanted Wings" was supported by and performed at National Forum of Music, Wroclaw, Poland.

Latest work of Anu as director; "Voices of Joan" appears in Newcastle, Australia in February 2022.

Finland based company Anu Almagro Actor Training Tmi follows invitations to share profound and holistic acting technique workshops with professional theatre makers as well with students throughout the world.