

Workshop 3.1: "Turning towards the desert" – The Landscape of the Breathing Soul

Praxisfeld SC: Seminar / Übung
Praxisfeld RE: Wahl

Angebot für

Bisheriges Studienmodell > Theater > Master Theater > Regie > Wahl
Bisheriges Studienmodell > Theater > Master Theater > Schauspiel > Praxisfeld

Nummer und Typ	MTH-MTH-PM-02.22H.009 / Moduldurchführung
Modul	Praxisfeld 02 ECTS
Veranstalter	Departement Darstellende Künste und Film
Leitung	Anu Almagro (Salonen)
Anzahl Teilnehmende	4 - 11
ECTS	2 Credits
Voraussetzungen	MA Schauspiel, MA Regie & Partnerschulen
Lernziele / Kompetenzen	The core of the work is learning approaches to physical and vocal techniques that provide students with the skills for individual research on the body and voice in training and performance. Research is the very nature of the acting process studied which then manifests itself in students' own investigation into acting. The MA in acting aims to train the artist to be independent through a program that gives the skills, confidence and methods to develop their own practice.
Inhalte	<p>The main focus of this workshop will be the dynamic body of the ensemble in relation to the individual performer. The ensemble will be discovered through exercises with common rhythm, spatial relations and movement improvisations. The physicality of the individual performer is based on the sensations of the body and dynamic physical practice guiding us towards the sensitivity of imagination, memories and feelings. We are looking for the character to arise from one's own creative strength and inspiration. The actors presence will be awoken through exercises including work on the physical life, imagination, spatial awareness, impulses, focus, joy, dance, word/text, rhythm and song through receiving and giving support as a living, breathing, moving and sounding ensemble. The workshop is directed towards practitioners with an interest and experience in theatre, music and/or dance.</p> <p>The course will offer students hours of practical training each week, led by Anu Almagro, who is a member of the Song of the Goat company who will teach their own unique approach to actor training. This method, which approaches the performer in a holistic way, involves working from the body into voice, song and text work. It emphasis the flow between movement, rhythm and sound both within the individual and the ensemble, with the view to developing true partnership and support within this dynamic. Each of the company members will approach this from their own particular strength: the voice and its connection to imagination and deep personal song, working with physical impulses, text, presence and the state of readiness. Each student will also have the opportunity for an individual tutorial.</p>
Bibliographie / Literatur	nach Ansage

Termine	KW 49/50 (05. - 16.12.2022)
Dauer	Mo./Mi./Do./Fr. jeweils von 11.00h – 16.00h
Bewertungsform	bestanden / nicht bestanden
Sprache	Deutsch und Englisch
Bemerkung	<p>Anu Almagro (Salonen) is a Finnish actress, an acting teacher and a director. She works internationally around the globe. Her interest in performance work is deeply rooted in cultural traditions and is born out of authentic and energetic connection between people that brought her to Poland the first time in 2004.</p> <p>In 2007 she became an actress of Teatr Piesn Kozla/ Song of the Goat Theatre, an international multi-award winning theatre company based in Wroclaw, Poland. She is also a teacher of the company's unique Coordination technique. The company tours throughout the world and performs in venues such as The BAM, New York and The Globe, London. The latest acting roles of Anu include Antigone in "Anty-Gone Triptych", Ophelia in "Hamlet-a commentary" and Cordelia in "Songs of Lear" directed by Grzegorz Bral.</p> <p>In 2011 Anu created her own theatre company Odra Ensemble which both trained and performed "We will leave only bone- reflections of Eurydice" in Wroclaw, Poland and Thessaloniki, Greece until 2013.</p> <p>She is the artistic director of musical theatre company Winged daughters creating work for children audiences. Their last piece known as "Enchanted Wings" was supported by and performed at National Forum of Music, Wroclaw, Poland.</p> <p>Latest work of Anu as director; "Voices of Joan" appears in Newcastle, Australia in February 2022.</p> <p>Finland based company Anu Almagro Actor Training Tmi follows invitations to share profound and holistic acting technique workshops with professional theatre makers as well with students throughout the world.</p>