Z

hdk

## Vorlesungsverzeichnis 22H

Erstellungsdatum: 12.07.2025 07:38

Zürcher Hochschule der Künste Zürcher Fachhochschule

## Stanislawski Fundament for Acting - ENTDECKEN/ERWEITERN\_(SC)

Blockstruktur: 2

Angebot für

Bisheriges Studienmodell > Theater > Bachelor Theater > Schauspiel > Level 2 (2./3./4. Semester) > Level 2

Nummer und Typ BTH-BTH-L-0023.22H.008 / Moduldurchführung

Modul Modulvorlage VSC/VTP/VRE/VDR\_3

Veranstalter Departement Darstellende Künste und Film

Leitung Anupras Jucius (AJu)

Anzahl Teilnehmende 4 - 8

ECTS 3 Credits

Lehrform Probe
Zielgruppen L2 VSC

Lernziele / Kompetenzen The main aim - to introduce students to the K. Stanislavski system, providing students with practical knowledge on how to work in certain situations, how to analyze material, and prepare for the part. Concentrating given time to exercise, and doing theoretical work as homework.

Inhalte

The Konstantin Stanislavski system is based on very clear guidelines on how to become an actor, there are no mysteries or abstractions, everything is explained in clear formulas

Since it is a system that starts from the active consciousness of an actor, it is mandatory to be with a clear and active mind. For this students will be introduced to useful games and other activities that increase awareness and focus.

? to be "reborn" on stage as "me" is a first hard task, which requires great concentration and to do absolutely nothing, but still, be very much active with inner action of thought.

? about changing relations to an object, location, physics, psychology, partners — are the core elements that are constantly used on stage.

? the structure of an étude, deconstructing it for the means of further learning. ? about assessment of the fact, which is one of the most important moments in acting itself, how to deconstruct it and how to use it in various situations.

? what it means "me in given circumstances", how useful it is, what could be the application of it.

? about watchings, what is the meaning of it, how it can help to create a character, how to do it, and how to deliver them on stage.

? about how to analyze texts. This is one of the main parts of the course helping students to easily bring any texts on stage as an act.

? character creation, what kind of details it consists of, what has to be prepared in the advance even before the start of the practical rehearsals.

? to communicate with a partner on stage, how to accurately deliver the communication, care for the partner and help each other within the situation. ? about the magical "if", Pushkin's aphorism, means of "believing the circumstances" —

the next step in the system which is to break out from the norms of reality.

Bibliographie /

During the workshop we will be using some material, that will be provided, there is

Literatur no need to prepare in beforehand.

Leistungsnachweis / Testatanforderung

gem. Angaben der/des Modulverantwortlichen

Termine Raum: 1 grosser Proberaum

Dauer Anzahl Wochen: 6 (HS: Wo:44-49) / Modus: 4x3h/Wo\_Mo/Di/Mi/Fr, 16.30-19.30h

Selbststudiumszeit pro Semester: ca. 18h

Bewertungsform bestanden / nicht bestanden

Bemerkung Anupras Jucius has graduated from BA Acting studies, where the heads of the

course were

Prof. Vytautas Anužis and lect. Velta Anužien?, who finished their studies at Boris Shchukin Institute in Moscow, which is the home of the Konstantin Stanislavski

system, and brought the detailed system to Lithuania.

Since 2013 - professional actor, since 2019 - director (of institution) of Panevežys municipal theatre "Menas" (Lithuania), since 2019 - MA Acting studies at ZHdK.