

## Body Awareness

Angebot für	Tanz > Master Dance > Master allgemein > Alle Semester Tanz > Master Dance > Master allgemein > 1. Semester Tanz > Master Dance > Master allgemein > 2. Semester Tanz > Master Dance > Master allgemein > 3. Semester Tanz > Master Dance > Master allgemein > 4. Semester Tanz > Master Dance > Choreography > Alle Semester Tanz > Master Dance > Choreography > 1. Semester Tanz > Master Dance > Choreography > 2. Semester Tanz > Master Dance > Choreography > 3. Semester Tanz > Master Dance > Choreography > 4. Semester Tanz > Master Dance > Teaching and Coaching Dance > Alle Semester Tanz > Master Dance > Teaching and Coaching Dance > 1. Semester Tanz > Master Dance > Teaching and Coaching Dance > 2. Semester Tanz > Master Dance > Teaching and Coaching Dance > 3. Semester Tanz > Master Dance > Teaching and Coaching Dance > 4. Semester
Nummer und Typ	MDA-MDA-1100.21H.006 / Moduldurchführung
Veranstalter	Departement Darstellende Künste und Film
Leitung	Jan Burkhardt
Zeit	Di 2. November 2021 bis Fr 5. November 2021 / 14 - 19 Uhr
ECTS	2 Credits
Lehrform	Practice Modul (Artistic Working Method, Didactics, Elective Practice)
Zielgruppen	Master Dance
Inhalte	<p>Somatic practices can serve as a means to access information through sensation, that otherwise might remain hidden within the deeper layers of our bodies and our subconscious being. In this workshop we will explore principles and approaches to movement, touch, space and time that are inspired by Body Mind Centering ( BMC) , Laban Bartenieff Movement Studies, Feldenkrais and others. Our explorations can enrich our artistic practice, differentiate and widen our body consciousness and trigger new perspectives of reflection.</p> <p>Jan Burkhardt has been dancing, directing, teaching and coaching in the field of contemporary dance for many years. His most passionate curiosity is to approach artistic settings through the use of and the trust in the intelligence of the body. Jan works as an independent artist, as guest lecturer in numerous institutions worldwide, and holds a position as professor for dance in artistic context at the Center of Contemporary Dance ( CDG/ZZT) Cologne.</p>
Leistungsnachweis / Testatanforderung	Active Participation
Termine	2 – 5.11., 2-7pm
Dauer	14:00-19:00
Bemerkung	Anmeldung für MA Dance Studierenden über Clickenroll