Being upside down - PROBIEREN_(SC)

Blockstruktur: 3

Angebot für

Bisheriges Studienmodell > Theater > Bachelor Theater > Regie > Level 2 (2./3./4. Semester) > Wahl
Bisheriges Studienmodell > Theater > Bachelor Theater > Schauspiel > Level 2 (2./3./4. Semester) > Level 2
Bisheriges Studienmodell > Theater > Bachelor Theater > Theaterpädagogik > Level 2 (2./3./4. Semester) > Wahl

Nummer und Typ	BTH-BTH-L-0019.21H.002 / Moduldurchführung
Modul	Modulvorlage VSC/VTP/VRE/VDR_1
Veranstalter	Departement Darstellende Künste und Film
Leitung	Amir Modaï (AM)
Anzahl Teilnehmende	3 - 16
ECTS	1 Credit
Lehrform	Übung/Seminar
Zielgruppen	L2 VSC Wahlmöglichkeit (CRmax.10): L2 VTP / L2 VRE
Lernziele / Kompetenzen	On top of learning the skill, we are required to build the exercises into our routine, enabling ourselves to keep practicing in our life, as an exercise discipline, like Yoga, Pilates, AT, Feldenkrais or any other method, eventually looking to enhance, amplify and drive forward the range of our physical, expressive abilities and also give drive to our develeopment in these areas.
Inhalte	In this module students will learn how to stand on their hands, heads, forearms and other body parts in mostly static positions. The physical work requires concentration and challenges us to come to an almost meditative state of awareness. The work, although challenging, is meant for everyone, at any level of experience and expertise. Through specific methodic exercises and much repetition, the aim is to develop the stamina, strength and flexibility necessary to perform the said skills. With these physical Tools in our backpack, we can go exploring the body, our understanding of it, its movements and our control of it.
Leistungsnachweis / Testatanforderung	gem. Angaben der/des Modulverantwortlichen
Termine	Raum: Tanzstudio
Dauer	Anzahl Wochen: 2 (HS: Wo:50/51) / Modus: 5x3h/Wo Kontaktunterricht_Mo/Di/Mi/Do/Fr, 16.30-19.30h (kein "Forum" in Wo50 für L2 VSC) Selbststudiumszeit pro Semester: ca.
Bewertungsform	bestanden / nicht bestanden