

HYB / Being upside down - PROBIEREN_(SC) // COVID-19: spez. Schutzkonzept

Blockstruktur: 3

Angebot für

Bisheriges Studienmodell > Theater > Bachelor Theater > Regie > Level 2 (2./3./4. Semester) > Wahl
Bisheriges Studienmodell > Theater > Bachelor Theater > Schauspiel > Level 2 (2./3./4. Semester) > Level 2
Bisheriges Studienmodell > Theater > Bachelor Theater > Theaterpädagogik > Level 2 (2./3./4. Semester) > Wahl

Nummer und Typ BTH-BTH-L-0019.20H.002 / Moduldurchführung

Modul Modulvorlage VSC/VTP/VRE/VDR_1

Veranstalter Departement Darstellende Künste und Film

Leitung Amir Modaï (AM)

Anzahl Teilnehmende 4 - 10

ECTS 1 Credit

Lehrform Übung/Seminar

Zielgruppen L2 VSC (4/6)

Wahlmöglichkeit (CR4):
L2 VTP / L2 VRE

Lernziele /
Kompetenzen On top of learning the skill, we are required to build the exercises into our routine, enabling ourselves to keep practicing in our life, as an exercise discipline, like Yoga, Pilates, AT, Feldenkrais or any other method, eventually looking to enhance, amplify and drive forward the range of our physical, expressive abilities and also give drive to our development in these areas.

Inhalte In this module students will learn how to stand on their hands, heads, forearms and other body parts in mostly static positions. The physical work requires concentration and challenges us to come to an almost meditative state of awareness. The work, although challenging, is meant for everyone, at any level of experience and expertise.
Through specific methodic exercises and much repetition, the aim is to develop the stamina, strength and flexibility necessary to perform the said skills. With these physical Tools in our backpack, we can go exploring the body, our understanding of it, its movements and our control of it.

Leistungsnachweis /
Testatanforderung gem. Angaben der/des Modulverantwortlichen

Termine Raum: Tanzstudio oder 1 grosser Proberaum

Dauer Anzahl Wochen: 2 (HS: Wo:50/51) / Modus: 5x3h/Wo
Kontaktunterricht_Mo/Di/Mi/Do/Fr, jeweils 10.30-13.30h
Selbststudiumszeit pro Semester: ca.

Bewertungsform bestanden / nicht bestanden