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## Vorlesungsverzeichnis 19H

Erstellungsdatum: 10.07.2025 00:17

Zürcher Hochschule der Künste Zürcher Fachhochschule

Pool 10: Soul Lubrication

The course sets to forge relationships with Earth, Water, Fire and Air as technologies to understand their processes in our world and within ourselves. Through observation, experience, research, intuition, practice and storytelling, we will build intimacy with the elements and under their guidance harness histories, memories and teachings sprung from the complex bio-socio-political and spiritual landscapes they/we inhabit.

Angebot für

Bisheriges Studienmodell > Fine Arts > Master Fine Arts > Master Fine Arts

Nummer und Typ MAF-MAF-Po00.19H.010 / Moduldurchführung

Modul Pool

Veranstalter Departement Fine Arts

Leitung Tabita Rézaire

Anzahl Teilnehmende maximal 12

ECTS 3 Credits

Voraussetzungen Course language: English

Openness of mind-heart-spirit

Lehrform Pool-Seminar

Listening, meditation, conversation, observation, field trips

Zielgruppen MFA students

Lernziele / — Deepening our relationships with the elements Kompetenzen — Widening our understanding of our technology

- Practicing vulnerability and listening

- Opening our hearts

- Growth

Inhalte The course takes as a departure one of Rezaire's works called "Lubricate Coil

Engine" (2017), a healing circle which dwells into spiritual technologies of information and communication as remedies towards our collective suffering.

"Lubricate Coil Engine" is a supplication to restore our ability to connect. While eternity is on repeat, and anxiety on the rise, we keep scrolling into the void to escape our existential conditions. Under the guidance of the Bakongo cosmogram, this litany for connection travels around the four moments of the sun and envisions the revival of spiritual information technologies to supplement our Internet diet. In this ceremonial meditation on information technologies: water, the womb, dream plants and sound are retrieved as connective interfaces against manufactured amnesia. Across the sun's journey, Rezaire guides us into a cycle of life from birth to death and rebirth and in each stages shares technological tales and practices anchored in the four elements of Water, Earth, Fire and Air. She creates a constellation of networks—as she cruises through desktop folders and leads breathing exercises—where the organic, technological and spiritual realms harmonize effortlessly. "Lubricate Coil Engine" salutes spiritual channels as communication networks and imagines the promises of decolonial modes of communication.

Rising sun = Birth = Water = Womb = Site of creation nourishment Midday sun = Existence = Fire = Internet = Balancing inner heat Setting sun = Death = Earth = Dream plants = Inner composting Midnight sun = Rebirth = Air = Sound = Soul listening

The course "Soul Lubrication" will expand the duration of "Lubricate Coil Engine" from 1 hour to 4 days allowing us to deepen into the questions, research and practices within the work.

Day 1: Earth

Day 2: Water

Day 3: Fire

Day 4: Air

About the teacher:

Tabita Rezaire is an artist-healer-seeker working with screens and energy streams. Her cross-dimensional practice envisions network sciences—organic, electronic and spiritual—as healing technologies to serve the shift towards heart consciousness. Navigating digital, corporeal and ancestral memory as sites of struggles, she digs into scientific imaginaries to tackle the pervasive matrix of coloniality that affect the songs of our body-mind-spirits. Tabita is based in Cayenne, French Guyana. She has a Bachelor in Economics (FR) and a Master of Research in Artist Moving Image from Central Saint Martins (UK). Tabita is a founding member of the artist group NTU, half of the duo Malaxa, and the mother of the energy house SENEB. In 2018, she had solo exhibitions in PSM Gallery, Berlin, Interstitial Gallery, Seattle, The Royal Standard, Liverpool.

Bibliographie / Literatur

Souffles by Birago Diop

Leistungsnachweis / Testatanforderung

Min. 80 % attendance time

Termine Time: 07:00 - 18:00 o'clock

14 / 15 / 16 / 17 October

Bewertungsform bestanden / nicht bestanden

Bemerkung May we grow our capacity and courage to love.